

We were saddened to learn of the recent death of Hilda Pearce and extend our condolences to her family.

**ANNUAL GENERAL MEETING**  
**VICTORIA HALL**  
**Thursday 9TH SEPTEMBER 2010 at 10.30am**  
Coffee and biscuits available from 10.00am

**Walking**

See pictures of our recent walks on display today - perhaps they will tempt you to join one of the groups! The Tuesday group is the more leisurely covering approximately 5 miles while the Thursday group covering about 7.5 miles is for more serious walkers. We are aware that several people would like shorter walks and if there is enough interest, we could discuss the possibility of setting up a third group at September's planning meeting (see page 3).

**Margaret Cullingworth**

**The Northern Society of Costume & Textiles**

is hosting a presentation 'Undressing Mr Darcy' by the History Wardrobe on Saturday 11 September at 11.00am at Notre Dame Sixth Form College, Leeds. Cost £12.50. Booking essential. [www.nscct.org.uk](http://www.nscct.org.uk) or Tel: 0113 2503699

**M & M Cullingworth**

**SEPTEMBER GET-TOGETHER**

Bookings are now being taken for our Annual get together at the Falcon Manor on Friday September 24th.

There will be a two course meal at the subsidised price of £12.

The menu is on our web site. Please fill it in and let me have it as soon as you can. I will also be taking names at this meeting and I have forms for those who are not on the web. Further details will be in the next Newsletter and on the web, or I can be contacted at 01729 840882.

**Shirley Wolfenden**

**OCTOBER THEATRE TRIP**

Our annual trip to The Theatre by the Lake at Keswick has been booked for **Wednesday 27th October** to see:

**WHAT THE BUTLER SAW**

by Joe Orton.

The cost is £25 per person. We shall have our usual 1/2 hour Coffee Stop in Grasmere and there will be time to have lunch in Keswick before the performance. We shall leave the Cricket Club at 8.30 am. Janet Stafford will be taking names at the August meeting (Cheques to be made payable to Settle District U3A Social A/C) or contact Janet: Tel: 825449 , 1 Birchwood Close, Settle BD24 9RJ.

**Janet Stafford.**

All copy for publication in the next issue needs to reach the editor Sue Simpson [e-mail susanmsimpson@btinternet.com](mailto:susanmsimpson@btinternet.com) (Tel: 015242 41271) by Friday 3rd September 2010. Copy received by e-mail will be acknowledged.

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August 2010



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**FROM THE CHAIRMAN**



As an ex-librarian it was perhaps high time that I paid a visit to our Book Group. This proved to be a particularly lively discussion forum. Each member of the group reads a title suggested by one of the members, who then leads the discussion on the impact of the volume under consideration. On my visit Barbara Bowman provided a fascinating review of her choice, "Mr Pip", a recent (2006) novel by Lloyd Jones. The author, a New Zealander, had witnessed first hand the civil war of the 1990's on the island of Bougainville and had set his novel in this traumatic period, in a village whose school had been closed down. The local children are taught by an Australian using as his only text Dickens' "Great

Expectations". Whilst not sparing the reader a full description of the atrocities committed on the villagers by government forces, the novel ends on a note of hope with its central character, a little black girl, escaping to a new life in Australia. It was no surprise to me to learn that this title had been shortlisted for the Man Booker Prize of 2007. The group's next read is to be Jane Austen's "Northanger Abbey", thus showing the wide spectrum of reading tastes represented within this excellent group which is led by Ann Dowdall.

September sees our AGM with vacancies for the offices of Chairman and Vice-Chairman as both Alan Hemsworth and I reach the end of our period of service. Nomination forms are available for members to propose anyone they consider suitable for these positions and for the Committee., having first obtained their signed consent. Our constitution demands a new committee member annually. Also up for re-election are the officers whose service is renewed annually, namely Secretary and Treasurer, currently filled so ably by Gillian Walton and Jackie Pemberton. Nomination forms must be in the hands of the secretary at least 14 days prior to the AGM please.

Our U3A owes a great deal to sisters Pat Dewey and Pam Servant, respectively membership secretary and newsletter editor for six years. We send them our very best wishes for their new life in the Humberside area.

With best wishes - John Jebson

## NEWS FROM THE GROUPS

### ART APPRECIATION:

It is hoped that this group will continue with members sharing responsibility for arranging visiting speakers and/or leading the odd session themselves on the first Tuesday of the month at 2.00pm in the Victoria Hall. The first session will take place on 5 October when Tony Barringer, of Ilkley U3A, will give the first of a short series of illustrated talks on Renaissance Art in Italy. Frank Gordon will continue to participate in our gallery visits on the third Tuesday of the month.

**John Geale**

### CIRCLE DANCING:

If you are not sure whether Circle Dancing is for you come and try it on Friday 17th September from 10am - 11am at Langcliffe Institute. The regular sessions will begin on Friday October 15th. Unfortunately the Victoria Hall is frequently unavailable on a Friday so we have made the decision that all sessions will be at Langcliffe. We are very fortunate in having such a pleasant alternative venue. Further information from Gillian 822781 and Pat 823342

**Pat Smith**

### LOOKING AT OLD BUILDINGS:

August meeting is on Thursday 19th visiting Ingleborough Hall in Clapham. Meet at Settle Cricket Club for 1.30pm departure. Tour of the Hall and grounds to commence 2.00pm. There is a charge of £2.50 which will include light refreshment and the hall staff would like some idea of numbers. Will intending participants please let me know. (01729 823902)

**Alan Hemsworth**

*I was looking for something interesting to 'fill up' this month's newsletter and came across this seasonal recipe of Kathleen Kinder. It sounded well worth trying! (editor)*

### PORK WITH APPLE IN CIDER/APPLE JUICE (for 2)

**Ingredients:** 12oz/240g pork leg steak (or lean chop, boneless equivalent)  
1 medium sized onion  
1 - 2 cloves garlic  
1 large eating apple (sharp-sweet variety)  
350ml/12 fl oz sweet cider or apple juice  
cooking oil (olive oil preferably)  
½ pork stock cube  
2 tbsp cashew nuts (optional)



**For the marinade:** 1 tsp mild curry powder (Rajah or Morrison's)  
1 tsp ground ginger powder  
2 tsp rosemary (pref fresh)  
2tbsp cider vinegar (or white wine vinegar)  
2tbsp olive oil  
2 tsp demerara sugar (or brown)  
freshly ground salt and black pepper (to taste)

**Method:** Mix the marinade in a shallow dish. Coat the pork on both sides and leave for at least ½ hour. Turn pieces after ¼ hour.

*(Recipe Continued):* Chop the onion and crush the garlic. In a cooking pot, braise the pork on both sides. Lift out when brown on to a plate. Sweat the onions and garlic in pot. Add the washed, chopped, unpeeled apple just before returning meat to the pot. Stir-fry together for 2-3 minutes. Add the cider/apple juice and bring to the boil. Stir in crushed pork stock cube. If the gravy is too thin, mix 1-2 tsps cornflour in a little cider/apple juice and stir into the contents of the pot. Add cashew nuts (optional). Transfer to an oven proof casserole (if necessary). Cook in oven for around 1 ¼ hours on 170°C/ 325°F or Gas 3.

**ENJOY!**

### STUDY DAYS

Or does this sound too much like hard work? Whether as a participant or as an organiser!

I have been on 2 excellent study days organised by Penrith and North Lakes U3A about the Edwardian period – '1900 to 1914, Never such innocence again!' They were held in Penrith from 10.30 to 15.30 one Friday in October and one in January at a cost of £5 per day to include tea/coffee.

The two days covered various aspects of the art, music, history and literature of the 'quiet' period before the 1<sup>st</sup> World War. This was in fact a time of great change. The different topics were covered by short talks from people from the U3A. All lively, thought provoking and entertaining and illustrated with relevant pictures, musical extracts and readings.

We live here within an interesting landscape, in a place with musical and literary connections – do you think we could organise such a study day/morning/afternoon? A celebration of Settle. Have we got the talent? I would like to think we have. Perhaps we could do something on a small scale; let me know if anyone agrees with me.

**Debi Burridge**

#### Tuesday Walks

##### August 24

Muker, Swaledale and is 4.75 miles  
Nita Hart – 830299  
Mobile: 07989 625667

##### September 14

Hornby and Wray – 5 miles  
Debi Burridge – 823621  
Mobile: 07763973379

##### September 28

Grass Wood, Grassington – 5 miles  
Kate Helm - 823537

#### Thursday Walks

##### August 19

Wensleydale – 5 miles  
Nita Hart – 830299  
Mobile: 07989 625667

##### September 2

Stockdale Circular – 7 miles  
Sally & Keith Waterson – 822311  
Mobile: 0775 3618381

##### September 16

Glenridding to Howtown by steamer (£5.60)  
Return walk – 7 miles  
(more details later)  
Gill & Frank Woodhams – 824458  
Mobile: 07901981116

#### Thursday September 30

**PLANNING MEETING – FOLLOWED BY JACOB'S JOIN LUNCH**  
11.30 a.m. Quaker Meeting House