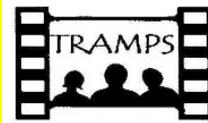


APRIL MEETING

Thursday 10TH April 2014
Victoria Hall 10.30am
"Hypnotherapy"
Paula Jones

Coffee served from 10.00am



The Ribblesdale Area
Moving Picture Show
Friday 14 March 7.30pm
Austwick Village Hall
Sunshine on Leith PG
www.tramps.org.uk

GREAT LIVES

We will meet again on Wednesday March 19th at Victoria Hall (11.00am) when Ron Stone will talk to us on the life of Wilfred Thesiger, the great explorer and traveller through North Africa and Arabia. Everyone very welcome.

John Jebson

LOOKING AT OLD BUILDINGS

Our next meeting is on Thursday 27th MARCH at 2 pm. Please meet at the venue. Phone 01729/825057 if you can offer or need a lift. We have arranged a guided tour around the Church of St John the Evangelist in Lancaster. There is no set charge but a contribution to the work of CCT would be much appreciated. St John's can be found on the junction of North Road and Chapel Street, LA1 1PA for those with satnav.

Wendy and Clive Newby

NEW DANCE GROUP

The first Meeting will be at 14:00 on 17th March, 2014 at Victoria Hall. From now on the meetings will be on the 1st and 3rd Monday of the month at 14:00 at the Victoria Hall. This new class will be friendly, relaxed and the art of dance will be taught in a way that will, above all, be fun. So please come along and try our ballet & tap class. Hope to see you there.

Marjorie Walker

Copy for publication in the next issue should reach **Chris Taylor** by
Friday 4th April e-mail: christine@castlebergh.plus.com
(Tel: 01729 823975)

Copy received by e-mail will be acknowledged.

NEWSLETTER

Issue No 12/06
March 2014



SETTLE
DISTRICT
U3A

Registered Charity No
1095635

www.settledistrictu3a.org.uk



Dear Friends,

February may be a short month but it has been a busy one. Fifteen of our new members (almost half) joined the committee for coffee, biscuits and cake on the 27th February. It was an informal get together but an opportunity to put faces to names and ask for their observations about our U3A and what can be done differently or better. Whilst it is important to get feedback from members newly involved in our U3A, our more seasoned members might reflect that we only get out of our U3A what we put in to it. Our groups are as numerous and varied as the members prepared to facilitate them and our U3A runs smoothly only if there are members prepared to take on committee member roles.

Talking of our varied groups, I have had the pleasure of joining in Gillian's wonderful Exercise Group and Marjorie's exciting new Dance Group. Gillian's Exercise Group is very popular and having gently moved and stretched to delightful classical music, giggled over some antics with her collection of beautiful scarves, I can see why. Keeping fit with a smile on your face for an hour, – marvellous! Marjorie's inaugural Dance Group was well attended and after she had introduced herself and given a resume of her impressive background in dance we were swiftly into trying out a few simple movements. Marjorie's enthusiasm and love of dance is infectious and hopefully her group's sessions will become a regular feature.

Looking back at last year's February Newsletter I see that Archaeology of the Romans Group has been running for a year now. Thank you and well done to Tony for volunteering to lead that group. I hope to be dropping in at a meeting soon.

Nita

News from The Groups

GREAT LIVES

February's meeting featured a most thought-provoking talk by Vanessa Stone on Rathmell's most famous son-Richard Frankland. Born in 1630, his life spanned the Civil War, the Cromwellian Commonwealth and the Restoration era. From Giggleswick School, via Cambridge to the North East, ordained in 1653 he preached as a non-conformist minister in Hexham, Sedgefield and Boroughbridge and was approved by Cromwell. The Restoration proved a downturn in his fortunes as, evicted from his parish in Auckland as a Dissenter, he returned to Rathmell and there founded on his small family estate what became the largest Dissenter's training academy in the North of England. He was hounded by Craven magistrates in the years of intolerance and forced to decamp to Cumbria. William and Mary's Toleration Act of 1689 brought some relief, allowing him to return home where he died in 1698 and is buried at St Alkelda's Church in Giggleswick.

John Jebson

PHILOSOPHY GROUP

On the 20th Feb we discussed Political philosophy via Hobbs and Berlin and then moved to the External World on the 6th. March. Descartes was introduced and his 1st and 2nd Meditations discussed.

From this secure start we continue to question the reality of the world through the writings of Berkeley and Hume on the **20th March**.

Anyone who cares about the world and the happenings within it is welcome to join us.

Roy Anderson

ROMAN ARCHAEOLOGY

March 24 - Castleberg Room - An illustrated talk "What you probably don't know about Hadrian's Wall". Come along and find out what you have been missing.

Tony Burnett

GEOLOGY GROUP

Our next session will be on Tuesday 18th March at 14:00 in the Victoria Hall. This time we will talk about "**Structural Geology**" - faults, folds, joints etc. It can be a bit technical but remember, when you see exposures of rock they are often contorted, fractures are bent despite having started out as neat, flat layers. This talk will attempt to explain these mysteries.

Paul Cochrane

NEW MEMBERS' FEEDBACK

New members attending the coffee morning on 27th February were invited to complete a questionnaire to give their views and comments on the following topics which are now under consideration by the committee.

Monthly meetings: Those who had attended any considered them interesting and enjoyable.

Groups: A variety of groups have been joined. Comments about individual groups are being passed on to the relevant group leaders.

Contribution to activities: Two responders have expressed a willingness to give a talk at a Thursday meeting. Thank you. Others have volunteered to lead a walk or, if the membership would like, to chair a debate at a Thursday meeting instead of having a speaker.

One responder currently facilitates a group.

Welcome: Most responders felt they had been made welcome.

Improvements: These included providing new members with a "buddy" i.e. an established member, to make new members feel more welcome & help with any questions. Providing a clear explanation and directions about where groups or meetings are being held for the benefit of members who are not residents of Settle. Set up a self-help group for new tablet / iPad users. Ensure that non IT users have access to all the information available on the Settle U3A website.

Please remember that all members of Settle District U3A are always welcome to make suggestions about how our U3A can be improved. Please put a note in the suggestions box at a Thursday meeting or talk to any member of the committee.

Nita